



Hahn Super Dry Tri-Port

Long Course Triathlon Sept 18 2010

(Short Course Option Available)



Imagine yourself swimming in the pristine waters of the Coral Sea, riding through 100 year old cane fields, then running through one of North Queensland's oldest pioneer townships, now a sophisticated hub of fine dining and superb accommodation.

Bring the whole family and stay only moments away from transition in a Latitude16 fully self contained holiday apartment - www.latitude16.com.au, Great **specials for interstate competitors**, email guy@latitude16.com.au for details or look at www.latitude16.com.au for our great interstate offers.

Prize money: Will be awarded to professionals

Tri-port Race Kits: AUD \$180.00,

See website for details, what a great souvenir!

- What:** 2 km swim - 80 km ride - 20 km run
Short course option: 1km - 30km - 10km
- When:** 18th September, 2010
- Where:** Port Douglas Surf Club,
Tropical North Queensland, Australia
- Time:** 10.00 am registration, **11.00 am** race start.
- Entry:** **INDIVIDUALS** or 3,4 or 5 person **TEAMS**
Entry and details online at www.cairnscrocs.org.au
- Fee:** **AUD 65.00, Teams AUD 85.00, short course AUD 45.00** (includes **FREE** carbo load pancake breaky on race day), \$10.00 extra for race day entries.

